



## Phase 3: Agitation Activity

Teams will engage in this activity during the Tier 3 System training day.

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### Scenario:

Your team is planning a number of prevention strategies to reduce behavior, and you are going to be teaching replacement behaviors for a student whose behavior frequently escalates to the Agitation phase. In addition, you are planning some anxiety reduction, defusing strategies.

**Which strategy listed below is the best choice for the student at this phase, and why?**

- Prompt the student to go to the back of the room and listen to highly favorite music
- Sit with the student, helping him with the assignment, insisting on completion
- Sit with the student, check for understanding, and get him started on the first item. Provide re-teaching or support if incorrect and support the next item. If behavior does not reduce, prompt a break to get a quick drink or short walk
- Tell him he knows how to do this and needs to get busy

**What is your rationale for not picking each of the other ones?**

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