



### Energy Bay Pass

The Voyager Way	Expectations
Safe	<p>If you are feeling like you need to get energy out safely ask your teacher for the Energy Bay Pass</p> <p>Walk to the Energy Bay</p> <p>Calmly complete your movement break</p>
Responsible	<p>Go Directly to your Energy Bay Location</p> <p>Utilize a level 1 voice</p> <p>Complete your break in 5 minutes or less</p>
Respectful	<p>Use respectful talk when asking for an Energy Bay Break</p> <p>Use positive self-talk</p>
Staff Anchors	<p>Staff will allow students to take and Energy Bay break if needed (no more than 2x per day)</p> <p>Staff will encourage students to take and Energy Bay break as needed.</p>