

EC PBIS Leadership Team Strategic Planning Session 2



mimtsstac.org

Acknowledgments

The content for this training day was developed based on the work of:

- National Center for Pyramid Model Innovations (website: challengingbehavior.org)
- Great Lakes Equity Center

Thank you to all of our Michigan preschools who contributed examples to the content!



Group Agreements

We are Responsible

- Return on time from breaks
- Take care of our needs

We are Engaged

- Share "air time"
- Plan to participate in multiple ways
 - Chat, breakout rooms, polls, reactions, unmute
 - Ask questions



Training Effectiveness

- At the end of the session, you will be asked to provide feedback on today's training
- Results will be used to make improvements to professional learning and for reporting to TA Center stakeholders
- One of the feedback questions you will see is related to promoting and positively portraying diversity among educators and learners (e.g., focus on asset-based language, positive representation of multiple identities)



Team Roles

- Facilitator: lead discussions and activities to keep the team moving forward
- Recorder: keep written documentation of key discussion points, decisions, and next steps
- Time Keeper: keep track of time and bring the team back together





Purpose

The Early Childhood PBIS Leadership Team Sessions result in a Leadership Team Implementation Plan for the use of Early Childhood PBIS with fidelity, leading to improved outcomes for ALL children, families, providers, and programs



Intended Outcomes

- Determine next steps for developing, teaching, and acknowledging program-wide expectations
- Develop action items to address family engagement
- Review components of a process to identify and respond to individual children's social, emotional, and behavioral support need



Agenda

- 1.0 Program-Wide Expectations
- 2.0 Family Engagement
- 3.0 Procedures for Responding to Challenging Behavior
- 4.0 Wrap Up & Next Steps





Activity 1

Let's Review!

- Take 60 seconds to write down as many things as you can remember about the role of the EC PBIS Leadership Team
- What questions do you have?



1.0 Program-Wide Expectations



Components of EC PBIS

- 1. Establish a leadership team
- 2. Ensure staff buy-in
- 3. Promote family engagement

4. Establish program-wide expectations

- 5. Develop and implement a plan for professional development and staff support
- 6. Develop procedures to identify and respond to individual children's social, emotional, and behavioral support needs
- 7. Monitor implementation and outcomes



Activity 1.1

- Locate the Early Childhood Benchmarks of Quality (BOQ) in the materials provided
- Independently, review the items under the heading Program-Wide Expectations (Items 14-20)
- We'll be discussing them in more detail as we go through this section



Program-Wide Expectations

- Between 2 and 5 positively-stated expectations that apply to staff and children
- Creates a shared focus and continuity for program, school, classrooms
- Provides a consistent language for staff, children, and families
- Communicates behaviors that are desired for all staff and children and shows children how they can be successful
- Articulates the values and behavioral concepts important in a program and its community



| Centering Equity in Developing Behavior Expectations | | | | |
|--|--|---|---|--|
| Access | Representation | Meaningful Participation | High Outcomes | |
| Culturally situated and not based solely on dominant cultural norms as the standard to which all learners will be held | Stakeholders representing multiple and diverse perspectives play a significant role in development of behavior expectations | Schools value and use input and feedback from staff, learners, and families representing multiple and diverse perspectives | Behavior expectations reflect the communities in which the school is situated and that all learners are set up for success across all learner identities | |

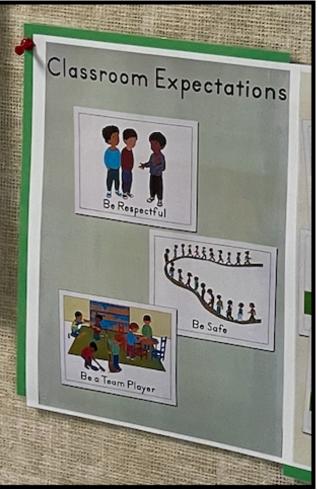


Expectations Examples

Common Options:

- We are Respectful
- We are Safe
- We are a Team Player
- We are Peaceful
- We are Polite
- We are Responsible
- We are Honest
- We are Friendly







Expectations vs. Rules

Expectations are:

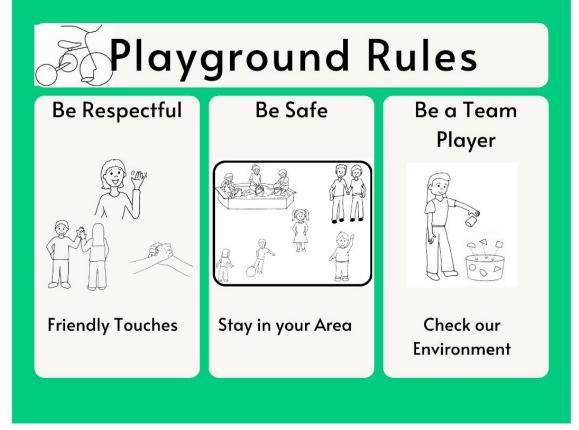
- General
- Broadly stated
- Applicable to all people in all settings

- Rules are:
- Specific
- May apply to limited settings
- Clarify behaviors for settings
- Observable and measurable



Developing Rules

Rules help clarify expectations for specific settings and may only apply in certain settings







Expectation/Rules Matrix

| Expectations | Classroom | Playground | Hallway |
|------------------------|---------------|---------------------------------------|---------------|
| We are Respectful | Soft touch | Take turns | Inside voice |
| We are Safe | Walking feet | Sit on bikes, slide, and swings | Walking feet |
| We are Team Players | Help a friend | Help a friend | Stay together |



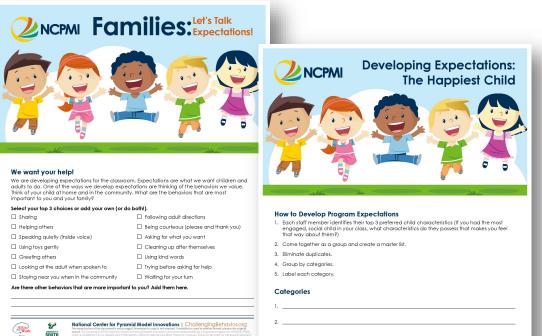
| Safe | Classroom •Walking feet • Safe hands • Listening ears | Hallway •Walking feet •Hands to yourself | Outside OR Playground • Down the slide • Stay in play area |
|----------------|---|---|---|
| Responsible | Pick up your toys Clean up after yourself Follow directions | • Quiet voice • Take care of own things at locker | ·Clean up toys |
| Team Player | Share Compliment Play together | IL in locker | Ask friend to blay se kind words |

Staff and Family Input

- Obtain and value input from staff, children, and families ensuring that voices from marginalized groups are heard
- Use existing behavior data to determine if there is a specific need (i.e., social-emotional skills)

Resources:

- Developing Expectations: The Happiest Child
- Families: Let's Talk Expectations!



Remember

- Including multiple and diverse stakeholders as a part of the process of developing behavior expectations and rules creates common language that centers the lived experiences of the community in which the program is situated
- The expectations and rules are a stepping-stone to the teaching and feedback provided to children, so we set children up for success if these are representative of the program's community
- Behavior expectations and rules should look different than what they traditionally have been in order to center equity and meet the current needs of children



Activity 1.2

- Locate the Program-Wide Expectations Brainstorming document in your training materials
- We'll be using this document to jot down ideas that can support action planning during the team time later in the session
- Individually, take 60 seconds to write down any thoughts you have related to Developing Expectations and Rules
 - Connections to things you already do
 - Examples that you liked and may want to replicate in your setting
 - Any other thoughts



Teaching the Expectations

- 1. Define them with words children will understand
- 2. Provide examples and non-examples
- 3. Check for understanding
- 4. Model, practice, and rehearse (create songs, rhymes, visual supports)
- 5. Use gestures, pictures or graphics frequently to remind children
- 6. Provide clear expectations for behavior during each activity



You Must Teach Them!

- Develop a variety of teaching strategies for embedded instruction
- Consider whether the teaching strategies are culturally responsive
 - Include children's home language in teaching
 - Find songs from a child's culture representing the expectation remember to represent all children's cultures
 - Use materials (e.g., puppets, books) that are representative of children's cultures
 - Ask families for a story idea that represents their culture for a social story

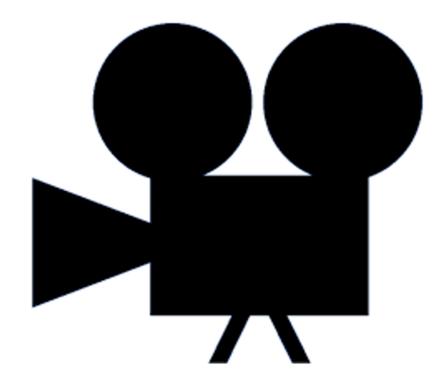




Teaching Example



Video: Expectations Song





Activity 1.3

- Locate the Program-Wide Expectations Brainstorming document in your training materials
- We'll be using this document to jot down ideas that can support action planning during the team time later in the session
- Individually, take 60 seconds to write down any thoughts you have related to Teaching Expectations
 - Connections to things you already do
 - Examples that you liked and may want to replicate in your setting
 - Any other thoughts



Acknowledging Expectations

- Provide positive descriptive feedback to children when they meet the expectations
- Public acknowledgement:
 - Includes ALL staff and children
 - Keeps expectations "visible"
 - Communicates the shared focus to everyone
 - Creates additional opportunities for family engagement





Considerations for Acknowledgement

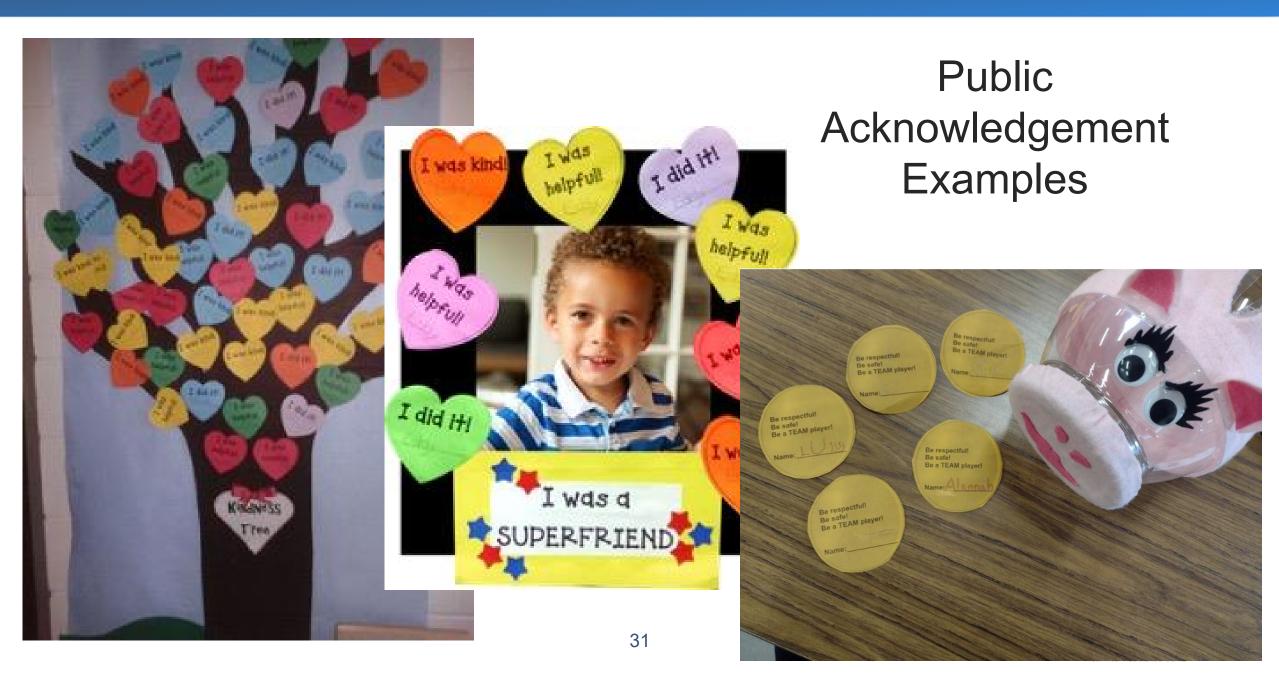
- Provide reinforcement for demonstration of program-wide expectations that are culturally responsive
- Acknowledgement is for every child, and children are always eligible to receive acknowledgement
- Developmentally appropriate
- Used by all program staff, including administrative and support staff (e.g., clerical, bus, kitchen staff)
- Schools proportionately acknowledge appropriate behavior



Educational Equity in Monitoring and Acknowledging Behavior

- Historically, teachers are more likely to look for signs of challenging behavior in Black boys compared to White boys as early as preschool (Gillam, 2016)
- Teachers can intentionally work to "shift their gaze" in order to proportionately monitor groups of children
- Teachers can work to equalize their response to behaviors, both positive and corrective





Activity 1.4

- Locate the Program-Wide Expectations Brainstorming document in your training materials
- We'll be using this document to jot down ideas that can support action planning during the team time later in the session
- Individually, take 60 seconds to write down any thoughts you have related to Acknowledging Expectations
 - Connections to things you already do
 - Examples that you liked and may want to replicate in your setting
 - Any other thoughts



Promoting the Expectations

- Bulletin boards
- T-shirts
- Plays
- Songs
- Roll-out rally



- Classroom celebrations
- Classroom books
- Photo displays
- Family lesson plan
- Playground party
- Video production
- Family newsletter
- Staff acknowledgement
- Invite the mayor!



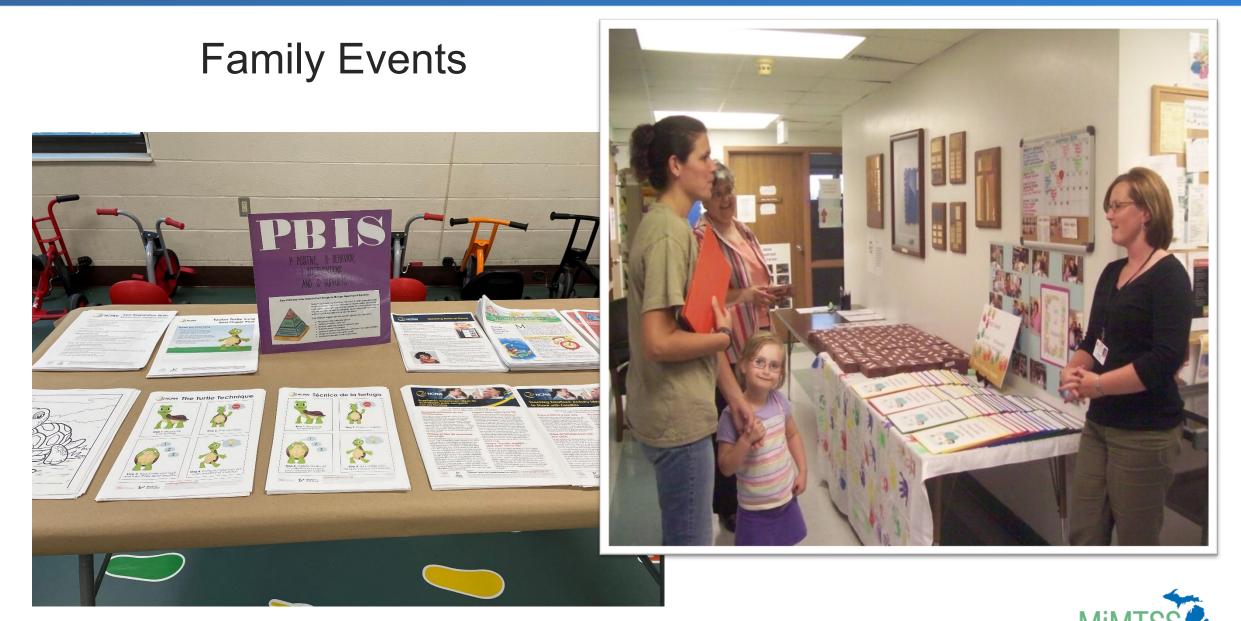


Communicating With Families

- Include expectations in the parent manual; review with parents during conferences
- Create a family-friendly storybook that introduces and explains expectations and rules
- Create parent posters to send home
- Send home "Good News Postcards" about how a child met an expectation

- Take a photo of a child and include it on a handout that identifies the expectation
- Host an open house and have children introduce their parents to the expectations
- Make a video of children answering a question about the expectations
- Display a banner at the program entrance







Family Books

- Scripted stories can be shared with families before school even begins
- This example uses the expectations Respectful and Safe
- <u>"Going to School"</u> can be found on the NCPMI website





Activity 1.5

- Locate the Program-Wide Expectations Brainstorming document in your training materials
- We'll be using this document to jot down ideas that can support action planning during the team time later in the session
- Individually, take 60 seconds to write down any thoughts you have related to Promoting Expectations
 - Connections to things you already do
 - Examples that you liked and may want to replicate in your setting
 - Any other thoughts



Considerations: Program-Wide Expectations

- How will you get input from staff and families to develop expectations and rules?
 - If your expectations already exist (e.g., in your curriculum), how will you seek out family input about what these expectations mean to them?
- How will your program teach and acknowledge expectations?
 - What teaching strategies can you encourage across classrooms?
 - How will you ensure acknowledgement of expectations by ALL early childhood staff?
- How will your program promote your program-wide expectations to develop a shared language among staff, children, and families?



Activity 1.6

- Begin action planning based on the BOQ items 14-20
 - What next steps will you make as a team?
 - What do you want to take on first?
 - Who can do what?
- **Recorders:** Make sure these action items go into the Implementation Plan under the heading Program-Wide Expectations
- Remember, your Implementation Manual provides additional information and examples



2.0 Family Engagement



Components of EC PBIS

- 1. Establish a leadership team
- 2. Ensure staff buy-in
- **3.** Promote family engagement
- 4. Establish program-wide expectations
- 5. Develop and implement a plan for professional development and staff support
- 6. Develop procedures to identify and respond to individual children's social, emotional, and behavioral support needs
- 7. Monitor implementation and outcomes



Activity 2.1

- Locate the Early Childhood Benchmarks of Quality (BOQ) in the materials provided
- Independently, review the items under the heading Family Engagement (Items 10-13)
- We'll be discussing them in more detail as we go through this section



Increasing Family Voice

- Including multiple and diverse stakeholders as a part of the process of developing your EC PBIS system creates a common language that centers the lived experiences of the community in which the program is situated
- Family engagement considerations:
 - Solicit, value, and use family input as a part of planning and decisionmaking
 - Inform families of the initiative in multiple ways
 - Ask for feedback from stakeholders representing multiple and diverse perspectives



Consider Family Surveys

- Family surveys can be used to assess the quality of your support to families and provide an opportunity for families to provide input
- Plan to administer surveys in the fall and spring when you have inperson opportunities with families (e.g., open house, conferences, family nights)
- Ensure there are multiple ways that families can participate in the survey (e.g., QR code in a newsletter, texting a link, paper/pencil versions sent home or available at drop-off)
- Possible questions for a family survey are provided in your materials



Family Engagement Strategies

- "Look at me" notes with photo of child engaging in expectations
- Newsletter that includes a section on EC PBIS
- Provide children's books that teach social skills
- Family activities to practice social skills (e.g., give each person in your family 3 compliments)
- Host classroom and program celebrations of success and invite family members

- Display the expectations in your entryway and put up photos of the children and program staff engaging in expectations; encourage families to submit pictures of families and children
- Have families submit about their child using the expectations at home
- Collect stories and create a newsletter to share with all or create a collage and post



Family Strategies, cont.

- Share information on EC PBIS and the progress of the child at every parent-teacher conference
- Have children make books about the skills they are learning to take home; include photos of child in the book
- Send home tip sheets on how to promote the expectations at home

- Provide personal notes that comment on the families' strengths and efforts in supporting their child's development
- Provide teachers with a list of sample notes to make it easier for them to do



Family Engagement Resources

Helping programs inform and engage families

- What to Expect: Prevent Teach Reinforce for Young Children
- <u>Calm Down Strategies</u>
- Positive Strategies for Families
- Articles
- Check the <u>NCPMI website</u> for additional resources!



Technical Assistance Cen

Backpack Connections

- Newsletters that provide information about a variety of topics, including:
 - Addressing behavior
 - Emotions
 - Schedules and routines
 - Social skills
- Available in English and Spanish
- Located on <u>the Family Engagement Page</u> of the NCPMI website





Books and Materials for Home

- We Can Be Problem
 Solvers at Home!
- <u>Tucker Turtle Takes</u>
 <u>Time to Stop and</u>
 <u>Think at Home</u>
- Solution Kit: Home
 Edition



Technical Assistance Cen

October 28, 2021 5:00pm-6:00pm

Preschool Family Night

Join us before carving your pumpkin to learn about Tucker the Turtle, a calming and problem solving technique we use in the classroom that you can try at home. Grown ups will learn about Tucker and together with your little people, will create a turtle puppet, eat pizza and hear the story of Tucker the Turtle.

...............



Date: October 28, 2021 Time: 5:00-6:00pm Place: SES Preschool Hallway Room 35

Please sign up if you plan to attend on the attached form and send back to your teacher.

Tucker the Turtle Family Night



Family Partnerships

- Develop ideas for initially getting input into the development of your EC PBIS plan and decision-making process
- Develop ideas for sharing your plan and getting feedback on the components
- Develop ideas for sharing Pyramid Practices with families on a regular basis and maintaining family engagement



Activity 2.2

- Begin action planning based on the BOQ items 10-13
 - What next steps will you make as a team?
 - What do you want to take on first?
 - Who can do what?
- **Recorders:** Make sure these action items go into the Implementation Plan under the heading Family Engagement
- Remember, your Implementation Manual provides additional information and examples



3.0 Procedures for Responding to Challenging Behavior



Components of EC PBIS

- 1. Establish a leadership team
- 2. Ensure staff buy-in
- 3. Promote family engagement
- 4. Establish program-wide expectations
- 5. Develop and implement a plan for professional development and staff support
- 6. Develop procedures to identify and respond to individual children's social, emotional, and behavioral support needs
- 7. Monitor implementation and outcomes



Activity 3.1

- Locate the Early Childhood Benchmarks of Quality (BOQ) in the materials provided
- Independently, review the items under the heading Procedures for Responding to Challenging Behavior (Items 28-34)
- We'll be discussing them in more detail as we go through this section



Equity Considerations in Responding to Behavior

- Ensure supports across the tiers are culturally responsive, leverage the strengths of the child and family, and use instructional practices to address behavioral concerns
- Ensure all children are benefiting from supports and are advancing from intensive supports to universal supports in a timely manner, especially children from non-dominant identities
- Interrogate systems and practices to identify barriers to children's success
- Monitor children who receive behavior support plans to ensure children from non-dominant identities are not overrepresented



Developmentally Appropriate Responses to Challenging Behavior

Three essential practices:

- 1. Use a developmentally appropriate strategy (e.g., redirection, planned ignoring)
- 2. State the expected behavior in positive terms or provide an acceptable alternative
- 3. Provide positive attention or positive descriptive feedback when the child engages in the appropriate behavior



Tier 2: Targeted Social Emotional Supports

- Individualized instruction is used to ensure that children who have social and emotional skill delays receive systematic instruction on those important skills
 - Identify what to teach
 - Embed instruction within routines and planned activities throughout the day
 - Use systematic instructional procedures focused on learning targets
 - Provide individualized support and adaptations
 - Increase the number of teaching and practice opportunities
 - Monitor progress



But What If That Isn't Enough Support?

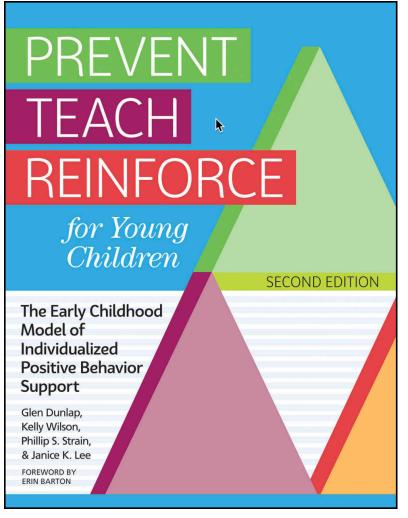
Process of Individualized Positive Behavior Support

- 1. Establishing a collaborative team and identifying goals
- 2. Gathering information (functional assessment)
- **3**. Developing hypotheses (best guess)
- 4. Designing behavior support plan
- 5. Implementing, monitoring, evaluating outcomes, and refining plan in natural environments



Prevent Teach Reinforce for Young Children

- Early childhood model of individualized positive behavior support
- Manualized process for the design and implementation of individualized interventions
- Training through the MiMTSS TA Center is available





Creating a Process

- Expectations for teacher action if child has challenging behavior (e.g., complete a Behavior Incident Report (BIR))
- Who will assist, how, and when (e.g., behavior coach, observation)
- How decision to develop plan will be determined
- Process for developing a plan
- Role of the family
- Expectation for progress monitoring and plan review



Activity 3.2

- Locate the Example EC PBIS Process for Individualized Intervention document in your materials
- This document provides examples of a behavior support process
- As you read through them, think about how they might be similar or different to what you already do
- In the chat, record one thing that you read that you like or that might enhance your current system



Crisis Intervention Plan

- Expectations for staff related to de-escalation
- Permissible responses if the child is in danger or places other children in danger
- Documentation to complete following the incident
- How to communicate with family and include in the intervention process
- Follow-up to the incident (e.g., reviewing existing plan, developing new plan, consultation services)



Crisis Intervention Procedures

- If a child is in danger of harming self or others, you must first be concerned about safety
- If crisis procedures include holding a child or removing a child to keep children safe, ensure staff are trained appropriately
- Crisis intervention procedures may be planned for children who have a history of dangerous outbursts
- Crisis intervention procedures only keep children safe; they do not change behavior
- Crisis intervention procedures are appropriate only when there is also a full behavior support plan or intention to develop a plan



Activity 3.3

Answer the following items as True or False:

- If you respond to a behavior and the child starts doing it correctly, you don't need to provide positive attention
- Including families is an integral part of individualized planning
- Individual teachers might handle the behavior support process in different ways; we don't need a consistent system!
- Crisis plans do not change behavior; they only keep children safe



4.0 Wrap Up and Next Steps



Activity 4.1

- Jot down the first word that you think of when you hear the following words:
 - Program-wide expectations
 - Family engagement
 - Responding to challenging behavior
- Be ready to share



Next Steps

- Begin working on any action items on your Implementation Plan
- Make sure staff are registered for upcoming trainings, as needed
- Session 3:
 - Professional development and staff support
 - Monitoring implementation and outcomes
 - Getting ready for implementation
- Please bring your materials from today's session



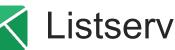
Stay Connected to the MiMTSS TA Center- new QR



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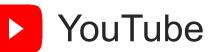
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- tinyurl.com/MiMTSSListserv
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- Videos & Playlists





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- #MiMTSS



URLs Used in Today's Session

<u>Developing Expectations: The Happiest Child</u> (https://challengingbehavior.org/docs/Developing-Expectations_Program.pdf)

Families: Let's Talk Expectations! (https://challengingbehavior.org/docs/Developing-Expectations_Home.pdf)

"Going to School" (https://challengingbehavior.org/docs/Going-to-School_Expectations_Story.pdf)

<u>What to Expect: Prevent Teach Reinforce for Young Children</u> (https://challengingbehavior.org/docs/PTRYC_what-to-expect.pdf)

<u>Calm Down Strategies</u> (https://challengingbehavior.org/docs/Calm-Down_Poster_EN.pdf)

Positive Strategies for Families (https://challengingbehavior.org/docs/Family-Strategies_Infographic.pdf)

NCPMI website (https://challengingbehavior.org/)

Family Engagement page (https://challengingbehavior.org/implementation/family-engagement/)



URLs Used in Today's Session, Cont.

We Can Be Problem Solvers at Home!

(https://challengingbehavior.org/docs/ProblemSolving_Story_Home_EN.pdf)

Tucker Turtle Takes Time to Stop and Think at Home

(https://challengingbehavior.org/docs/TuckerTurtle_Story_Home.pdf)

<u>Solution Kit: Home Edition</u> (https://challengingbehavior.org/docs/Solution_kit_cards_home.pdf)

