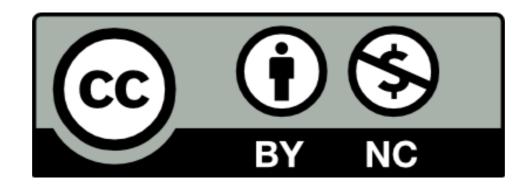


# Practice Based Coaching Session 1



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# Acknowledgments

The content for this training day was adapted with permission from the practice-based coaching training modules developed by the National Center for Pyramid Model Innovations (NCPMI)

Additional acknowledgment:

 Essentials of Practice-Based Coaching (Snyder, Hemmeter, & Fox, 2022)



### Group Agreements

We are Responsible

- Return on time from breaks
- Take care of our needs

We are Engaged

- Share "air time"
- Plan to participate in multiple ways
  - Chat, breakout rooms, polls, reactions, unmute
  - Ask questions



# Purpose of the Series

The Practice-Based Coaching (PBC) sessions are designed to support individuals who coach early childhood classroom teaching teams. Participants will learn about PBC as a cyclical process for supporting teachers' use of effective teaching practices that lead to positive outcomes for children.



### **Intended Outcomes**

- Summarize the components of Practice-Based Coaching (PBC)
- Identify ways to establish collaborative partnerships with teachers
- Make a plan to get started coaching the Classroom Essentials



## Agenda

- 1.0 Introduction to Practice-Based Coaching
- 2.0 Establishing Collaborative Partnerships
- 3.0 Wrap-up and Next Steps



# 1.0 Introduction to Practice-Based Coaching (PBC)



# Activity 1.1

Let's see who is here today!

- How familiar are you with Practice-Based Coaching?
- How long have you been in a coaching role?
- How many classrooms do you currently support?



### Effects of Quality Coaching





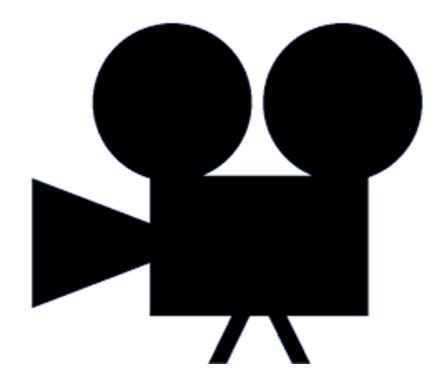
### **Coaching to Support Pyramid Model Practices**

### **The Pyramid Model Commitments**





### Connecting with Coaching





## **Coaching Matters!**

| Training<br>Components                  | Knowledge | Skill<br>Demonstration | Use in the classroom |
|---|-----------|------------------------|----------------------|
| Theory and Discussion                   | 10%       | 5%                     | 0%                   |
| + Demonstration in<br>Training          | 30%       | 20%                    | 0%                   |
| + Practice &<br>Feedback in<br>Training | 60%       | 60%                    | 5%                   |
| + Coaching in<br>Classroom              | 95%       | 95%                    | 95%                  |

Adapted from "Student Achievement Through Staff Development," by B. Joyce and B. Showers, 2002, p.78. Copyright 2002 by the American Society for Curriculum and Development.



## **Coaching and Adult Learning**

- Coaching is about supporting emotional, cognitive, and behavioral change in adults
- Need to know why they should learn something new before learning it
- Use their own life experiences to make sense of new information
- Learn better by applying new strategies immediately to a real-life situation





## Practice-Based Coaching (PBC)



- Focused on effective teaching practices
- Based on collaborative partnerships
- Guided by goals and a plan for refinement and action
- Assessed through focused observation
- Supportive of teacher growth through reflection and feedback



### **Coaching Is:**

- Collaborative
- Interactive
- Focused on skill-building
- Reliant on observation and feedback
- Goal-directed
- Outcomes-driven

## Coaching <u>Is Not</u>:

- Only providing advice and tips
- Supervision
- Only Modeling
- Training with classroom observation
- Consultation



Coaching

## Delivery of PBC

Many factors determine which PBC delivery works best for each program. Our training will focus on **expert** coaching.

### **Coaching Partner**

- Expert
- Peer
- Self

### **Delivery Method**

- On-site
- Distance

### Grouping

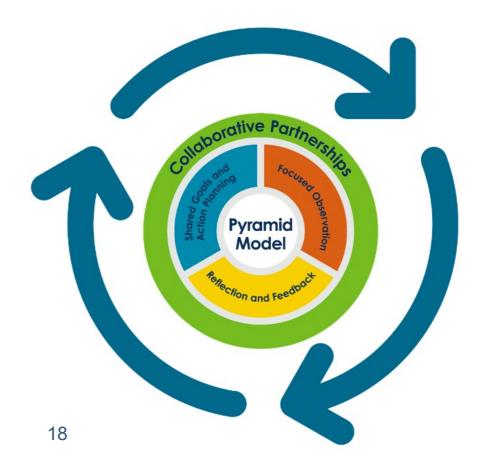
- Individual
- Group



### Practice-Based Coaching Model Components

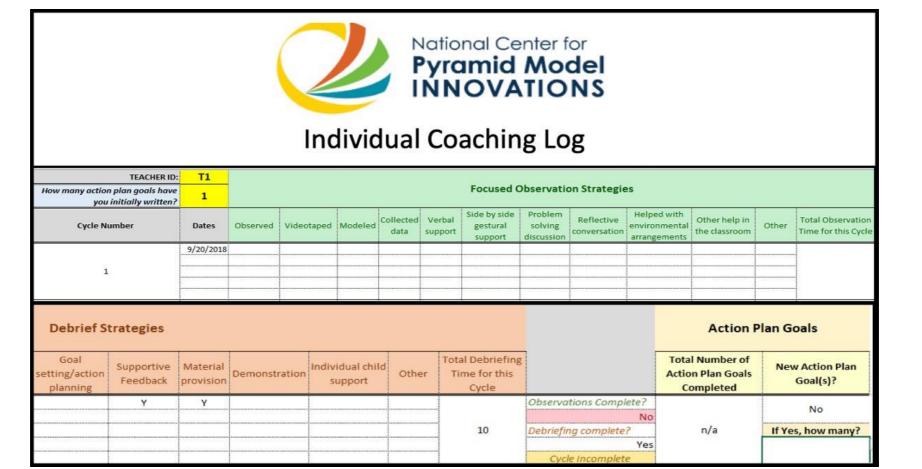
A coaching cycle occurs each time the coach conducts a focused observation and debriefs with the teacher

- Goal Planning
- Observation
- Reflective conversations
- Supportive feedback
- Constructive feedback





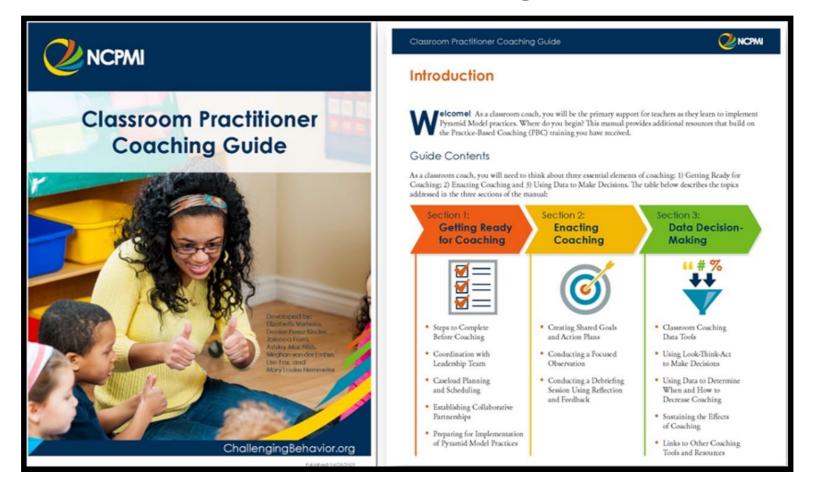
### Coaching Log: Capture the Coaching Cycle



https://challengingbehavior.org/document/classroom-coaching-log-excel/



### **Resource: Coaching Guide**



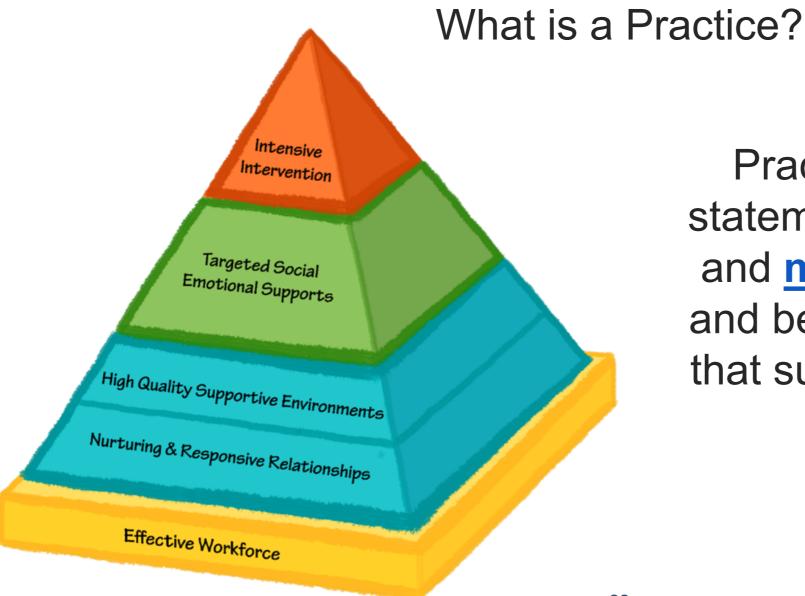
https://challengingbehavior.org/docs/Class-Practitioner-Coach-Guide.pdf



### Effective Practices= Content Ready







Practices are specific statements of **observable** and **measurable** actions and behaviors of teachers that support child learning



# Activity 1.2

- Let's practice identifying objective and measurable practices teachers can do in the classroom!
- Answer the questions provided, and then we will review the answers together



# Activity 1.3

- Take a minute to write out how you would describe Practice-Based Coaching to a teaching team
- What key words or phrases would you include?
- Be ready to share your response with the group



# 2.0 Establishing Collaborative Partnerships







Characteristics of Collaborative Partnerships

Professional in nature and result in meaningful support, trust, and positive outcomes for all children.

- Shared understanding about the goals of coaching
- Shared focus on professional development
- Development of rapport and trust

- Choice and ownership
- Ongoing communication and support
- Celebrations around the coaching process



### Establish Coaching as a Safe Place

- Separate coaching from supervision
- Non-evaluative environment
- Clearly defined roles
- Transparent data collection
- Focus on capacity building





## Building a Strong Partnership

- 1. Get to know the teacher
- 2. Connect to other professional development experiences
- 3. Establish yourself as a support
- 4. Appreciate the teacher





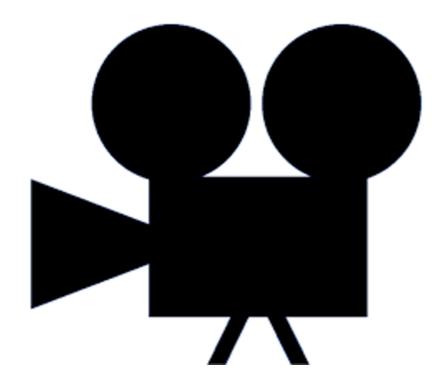
Reflecting on Coaching and Culturally Responsive Practices

- Practice cultural sensitivity
  - Engage in self-reflection of your own cultural beliefs and implicit biases
  - Use clear communication strategies
- Build trusting relationships
  - Observe, listen, reflect, and respond
- Address diversity issues
  - Learn about culture
  - Explore coach equity resources





### **Culturally Responsive Coaching**





## Reflecting on Equity and Diversity Through Coaching

Coaching encourages educators to:

- Acknowledge assumptions and implicit biases
- Recognize and support each child's strengths
- Engage in inclusive teaching practices





### **Tool: Coaching Agreement**

- Supports the collaborative partnership
- Creates transparency and shared understanding
- Include equity, inclusion, and bias discussion in the document
- Shared as a discussion with the teacher
- Individualized to the needs of the coach and teacher



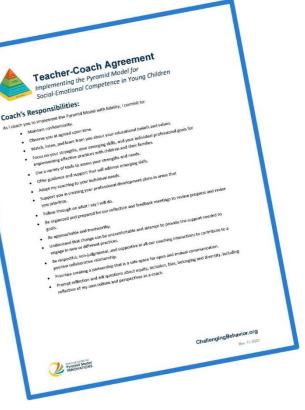
## **Coaching Agreement Components**

### **Must Include**

- Coach's responsibilities
- Teacher's responsibilities

## **Might Include**

- Supervisor or other personnel responsibilities
- Communication and data-sharing expectations
- Signed and agreed on by all coaching partners

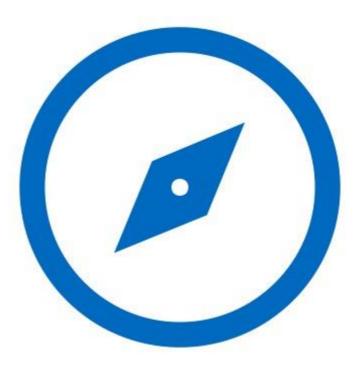




## **Getting Ready for Coaching**

- Clarify expectations
- Review PBC components
- Discuss scheduling
- Review Pyramid Model alignment to classroom initiatives
- Complete Coaching Agreement
- Allow time for questions

Additional details are in the coaching manual





# Activity 2.1

- Read the short scenario
- With your partner(s), identify attributes or characteristics of the teacher you think are important to consider as you establish rapport and begin the coaching partnership
- Generate two or three strategies you would use during the first few coaching sessions
- Record the attributes and strategies and be prepared to share and discuss with the larger group



## Scenario 1

Jasmine has been teaching in early childhood for five years. She recently completed her bachelor's degree in early childhood after completing her CDA several years ago. She is confident about her knowledge base and skills and is clear about her core beliefs but is suspicious of newcomers to her classroom. She says, "I want my classroom to be a comfortable place for children. I want everyone to have a good time, succeed as learners, and be ready for kindergarten. I think I know how to make that happen."



## Scenario 2

Jim is a first-year teacher. His previous job was with computer software development, but he felt he would be making more of a contribution if he worked with young children. Jim completed a teacher preparation program and became licensed in ECE, but he has had no practical classroom experience beyond student teaching. He has been surprised by the many behaviors in the classroom that challenge him. He felt frustrated and overwhelmed by not knowing how to respond or what to do. He is eager to learn and to try out new ideas.



# Activity 2.2

- Identify 2-3 ways that you will begin establishing collaborative partnerships with your teachers/teaching teams
- Make sure you think about new relationships as well as those that are already established; the strategies might look different
- Be ready to share



Classroom Coaching is Part of a System!

Decide with your Leadership Team:

- Will a coaching agreement be used?
- How will teachers be introduced to the coaching process?
- How will the program provide time for the coach and teacher to meet and build the partnership?





# 3.0 Wrap-up and Next Steps



### Where Do We Start?

### **Classroom Essentials**

- Visual schedule
- Behavior expectations
- Rules
- Families are visually represented
- Physical environment designed to promote engagement
- Behavior management systems are positive (if present)

| Teacher:  | Coach:  | Date completed:   |
|---|---|---|
| environmental considerat<br>coaching tool used follow   | ons are pivotal for child success in a F<br>ing training to help the team be read   | ful Pyramid implementation. These materials and<br>Pyramid Model classroom. This form is intended to be a<br>y for coaching on the Pyramid to begin. The teacher and<br>ed to be made before the first coaching cycle begins. |
| <ul> <li>Each daily activit</li> <li>Posted at childre</li> <li>Accommodates</li> </ul>             | aphs or clip art for each activity<br>y represented<br>n's eye level<br>when changes occur (e.g., rainy w<br>ing of time (i.e., pieces can be flipp | veather, special events)<br>oed over, removed, or marker denotes current activity)  |
| <ul><li>No more than 5</li><li>Displayed expect</li></ul>   | e.g., "We are safe," "We are kind"<br>rations include an image or symbo<br>e to children in the classroom   | •   |
| 3. Rules<br>Positively stated<br>No more than 5<br>Visual represente<br>Posted at childre<br>Notes: | tion for each<br>n's eye level in the activity or settir  | ng where applicable   |
| <ul><li>Every child is rep</li><li>Easily seen or activity</li></ul>                                |   | ted, class book)  |



## Using the Classroom Essentials

- Classroom Essentials were shared with your teaching staff during the Pyramid Practices training
- Develop a collaborative plan to use the document with your teaching teams
- Offer assistance to the teaching teams to get all the Classroom Essentials in place
- Use the form during future observations, as needed



# Activity 3.1

- Take a few minutes to look over the document titled Preparing for the Pyramid: Classroom Essentials.
- What questions do you have?
- What might be the best way to begin working on this at your site?
- How might your site's Leadership Team or administration support these efforts?



### What's Next?

- Session 2: Shared goals and action planning
- Please bring your Practice-Based Coaching materials from today's session

