

## Example Lesson Plan: Exiting the Classroom

**Rationale:** Being safe, respectful, and responsible when exiting the classroom allows for a smooth transition from one class to the next and will enable students to maximize their time between classes to get from one classroom to the next.

**Steps:** Introduce the procedure for exiting the classroom by putting the steps of the procedure on the Smart Board:

1. Students pack up materials only after the teacher indicates the end of class – the teacher dismisses the class, not the bell
2. The teacher moves to the door and dismisses students in rows
3. Students wait quietly for a row to be called
4. When a row is called, the students take all materials and walk quietly to the door
5. The teacher may require an exit task on the way out the door

**Expectations:** Introduce the behavior expectations for exiting the classroom by putting the part of the classroom behavior matrix for exiting the classroom on the Smart Board:

| School-wide Expectation | Exiting the Classroom Procedure  |
|-------------------------|--|
| Safe                    | <p>Use the classroom calm down strategy of cube breathing if you are feeling upset/anxious at not having time to finish tasks</p> <p>Wait for your row to be called</p> <p>Raise your hand or use the class signal to get the teacher's attention if you or a peer need help</p> <p>Listen for the exit task</p> <p>Walk quietly to the door when your row is called</p>   |
| Respectful              | <p>Pack up only after the teacher indicates the end of the class</p> <p>Pick up any trash near your seat and place it in the trash can by the door as you exit</p> <p>Be aware of your body language as you wait to be called and after your row is called and you get in line for dismissal (facial expression and actions as you pack up and get in line)</p> <p>Make sure to keep good personal space between you and your peers as you get in line by the door</p> |
| Responsible             | <p>Take all of your materials with you when leaving</p> <p>Turn in exit task if one is assigned</p>  |

| School-wide Expectation  | Exiting the Classroom Procedure  |
|--------------------------|--|
| As your teacher, I will: | Stand at the door to call the rows for dismissal<br>Give an exit task that connects to the learning and us to each other<br>Provide sufficient time so you are not late for your next class/lunch<br>Monitor my own tone of voice and behavior and that of students to ensure we are following our classroom expectation of encouraging each other and being respectful<br>Address any questions or concerns you have on an individual basis |

**Examples and Non-Examples:**

- Model each step of the procedure as an example.
- Model some of the identified non-example behaviors. Be sure to identify these behaviors as non-examples.

**Practice:** Have students practice and provide behavior-specific feedback.

**Check for Understanding:** Ask students questions about the procedure. For example:

- "What is the signal that indicates the end of class and time for you to begin packing up your materials, the bell ringing, or when I tell you class has ended?" I indicate the end of the class, not the bell.
- "Can you move to the door to exit when all our materials have been picked up?" No. You need to wait for me to call your row.
- "Will there always be an exit task to show me on your way out the door, yes or no?" No
- "What can you do if you are feeling are stressed at the end of class?" Cube breathing, raise your hand to ask for help
- "What if you notice someone else appears to need help?" Raise hand, quietly ask if your peer needs help if okayed by the teacher

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