



Top Five to Survive

Behavior Interventions in the Classroom

2020-2021

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Teaching Strategy: “Top Five to Survive”

Prevent	Teach	Respond
<p>What can we do to prevent problem behaviors from occurring in the first place?</p>	<p>How can we use effective teaching techniques to teach new and replacement behaviors?</p>	<p>How can we respond to behaviors in ways to reinforce school appropriate behaviors?</p> <p>How do we respond in ways that do not reinforce the problem behavior and prevent further escalation of behavior?</p>

Teaching the “Top 5 to Survive”

Five social skills that are critical for surviving and interacting with adults, especially for students who struggle with being noncompliant, argumentative, and intrusive. Students learn actions that promote positive social interactions with adults and learn skills for:

- Accepting “No” for an answer without arguing
- Following directions
- Not interrupting
- Making requests
- Thanking an adult

(Rhode, Jenson, & Williams, 2020)

Activity

- Locate the example lesson plan for “Accepting No for an Answer”
- In your breakout room, individually read the lesson plan for teaching this skill
- As a group, discuss how teaching this skill using the steps listed can be applied at the classroom level for all students