

---

Michigan's Multi-Tiered System of Supports Technical Assistance Center  
August 2025 – Version 1.0

---

## Describing Check-In, Check-Out Performance Feedback Sheet

Describing Check-In, Check-Out	1	2	3	4	5
Identifies Check-in, Check-out as a standard-treatment protocol intervention					
Describes Check-in, Check-Out as a system that provides the student with immediate feedback on their behavior and increased positive adult interactions throughout the day					
Includes the 6 underlying principles of Check-In, Check-Out: <ol style="list-style-type: none"> <li>1. Define behavioral expectations</li> <li>2. Teach expectations</li> <li>3. Provide frequent feedback and reinforcement</li> <li>4. Build a regular cycle of checking in and checking out with adults</li> <li>5. Formalize consequences for challenging behaviors at school and home</li> <li>6. Use a percentage of points on the Daily Progress Report to evaluate the effectiveness of Check-In, Check-Out</li> </ol>					
Describes the Check-In, Check-Out Cycle using the graphic as a reference					
Identifies at least one evidence-based outcome of Check-In, Check-Out					

Michigan's MTSS Technical Assistance Center is funded by the Michigan Department of Education and the U.S. Department of Education, Office of Special Education Programs.